2024-Oct		t menu (1B)		Regular diet menu (1B)				Regular diet menu (1B)				Regular diet menu (1B)				Regular diet menu (1B)			Regular diet menu (1B)					Regular die	rt menu (1B)	Regular diet menu (1B)							
Date	1. stir-fry shredded meat with leek	1. dried fish floor	1. Toda with Toon I	to 1. stir-fry meat w	th 1. Marinated la		ss 1. Marinated tofa	Sweet and Sor Bean Interine		Marinated tofu	1. Salted egg	1. dried fish flow	Marinated coriand	pork with black fungus	Marinated kelp  1. rolls with ground meat		I. Marinated tofu	Sweet and Sour Bean Intestine	Marinated 1. coriander and bean 1 bags		1. Salted egg	vir-fry shredded meat with lock	I. dried fish flow	1. Tofu with Toon Ph	1. stir-fry meat with onion	Marinated kelp 1. rolls with ground meat	dried fish floss	Marinated tofu 1	Sweet and Sour Bean Intestine	Marinated 1. coriander and bean burs.	1. Marinated tofu		
Breakfast	2. Three cups of noodle sausage	2 stir-fry bran cu	rolled flour glute		2 fried egg wit carrots	2. meat	with scallion	2 fungus	k 2. stir-fry sliced meat with onion	Stir-fried 2. Shredded Peek with Burdeck	2. pork with conskblack famous	sliced meat with 2. rolled floor elaten	2 fried egg with carrots	2. braised tofu with soybean	2 fried egg with carnots	2 stir-fry sliced meat	scrambled eggs with scallion	2 pork with black fungus	wir-fry sliced meat 2     with onion	Stir-fried 2: Sheedded Pork with Burdock	2. pork with constblack	Three cups of noodle surange	2. stir-fry bean curd	sliced meat with rolled flour gluten	2. stir-fry rolled flour glaten	2. fried egg with carrots	2. stir-fry sliced :	2. scrambled eggs with scallion	pork with black funges	2. stir-fry sliced meat with onion	Stir-fried 2. Shredded Pork with		
	3. seasonable seastables	3. seasonable venetables	3. seasonable venetables	3. venetables	3. seasonable vesetables	3. seasonable seastables	3. seasonable venetables	3. vezetables	3. seasonable venetables	3. seasonable venetables	3. seasonable seastables	3. vezetables	3. seasonable venetables	3. seasonable seastables	3. seasonable seastables	3. venetables	venetables	3. venetables	3. vezetables	seasonable vesetables	3. seasonable venetables	veretables	3. seasonable seastables	3. seasonable venetables	3. seasonable venetables	3. seasonable venetables	3. vezetables	3. vezetables 3	3. seasonable seastables	3. seasonable venetables	3. seasonable venetables		
	boiled green soybeans	4. Peanut gluten	4. pickles	4. Jujube beans	4. dressed bure	dock 4. boiled green soybeans	4. Peanst gluten	4. pickles	4. pickles	4. Jujube beans	4. Peanut gluten	4. pickles	4. Jujube beans	boiled green     soybeans	4. drewed burdock	boiled green     soybeans	Peanut glaten	4. pickles	4. pickles 4	i. Jajube beans	4. Peanst gluten	boiled green soybeans	4. Peanut gluten	4. pickles	4. Jujube beans	4. dressed burdock	boiled green     soybeans	4. Peanut gluten 4	4. pickles	4. pickles	4. Jujube beans		
Lunch	roast chicken with basil	steamed pork r I. in fermented soybeans	bs Braised Fish with Scallions	steamed chicke 1. cutlet with pincapple	n steamed pod 1. in fermented soybeans			pan-fried pork chop with red fermented rice maste		Chicken with 1. Scallion in Hot Oi	Braised Pork  1. Chop with  Scallions	1. pun-fry poek chop	roost chicken with basil	steamed poek ribs 1. in fermented soybeans	steamed pork ribs 1. in fermented soybeans	Fish Fillet in     Tornato Sauce	rosted chicken cutlet with rosemary	pun-fried pork chop with red fermented rice maste	1. pun-fried fish( <u>N</u> )	Chicken with Scallion in Hot Oi	Braised Pork  Chop with Scallions	roast chicken with basil	steamed pork ribs  1. in fermented soybeans	Braised Fish with Scallions	steamed chicken 1. cutlet with pincapple	steamed pork ribs  1. in fermented soybeans	Fish Fillet in     Tomato Sauce	rosted chicken  1. cutlet with  rosemary	pan-fried pork chop with red fermented rice paste	1. pun-fried fish(f)	Chicken with  1. Scallion in Hot Oi		
	2. stir-fry pork with green peppers	2. Chicken with ginger and mel	Beans with stewed diced me	2. Steamed Mince Pork Tofu	d 2 stir-fry chick becast with a		rk 2. Stir-Fried Tofs in Hot Sauce		stewed chicken 2. breast with rosemary	Sliced peek leg 2. with big melon fungus	2. goard and Scrambled Egg	2. shredded pork with green onion	stewed diced 2. meat with seaweed	Stir-fried 2. Assorted Chicken Shreds	stir-fry chicken 2. breast with celery	Stir-fried 2. Assorted Pork Sheeds	t. steamed eggs	2. waste sliced meat with broccoli	stowed chicken 2. becast with cosessery	Sliced pork leg 2. with big melon funger	2. goard and Scrambled Egg	stir-fry poek with green peppers	2. Chicken with ginger and melon	Beans with 2. stewed diced ment	2. Steamed Minced Pork Tofu	2. stir-fry chicken breast with celery	Stir-fried 2. Assorted Pork Shreds	2. Stir-Fried Tofu in Hot Sauce	2. with broccoli	stewed chicken 2. breast with rosemary	Sliced pork 2. leg with big melon fangus		
	3. seasomble seastables	3. seasomble venetables	3. seasonable venetables	3. seasonable venetables	3. seasceable vegetables	3. seasonable seestables	3. seasceable vegetables	3. seasonable seastables	3. seasonable senetables	3. seasonable ventables	3. seasonable senetables	3. seasonable venetables	3. seasomble segetables	3. seasonable seasotables	3. seasomble septables	3. seasonable vesetables	xeasonable xenetables	3. seasonable venetables	3. seasonable 5	seasonable venetables	3. seasonable senetables	seasonable venetables	3. seasonable senetables	3. seasonable venetables	3. seasonable veretables	3. seasceable venetables	3. seasonable s	3. seasonable 3	3. seasonable secretables	3. seasonable senstables	3. seasonable seestables		
	4. Susha Tea Soy Sprouts	Sweet and Sou    Sweet Potatoe		4. stewed pumpli	4. eggplant with bean sauce	h 4. Red Corn Shoots	4. Susha Tea Soy Sproats	4. stewed pumpk	in 4. pumpkinwith seasure	4. Sasha Tea Soy Sprouts	4. Stir-fried Potato and stir-fry radish		stewed bottle 4. gazed and pumpkin	4. Tomato white cauliflowe	eggplant with bean stace	4. Red Corn Shoots 4	stir-fey yam with carrots	Marinated 4. cilantro and white radish	stowed 4. paraphinwith seasans	Susha Teu Soy Sprouts	Stir-fried 4. Potato and stir- fry radish	Susha Tea Soy Sprouts	Sweet and Sour     Sweet Potatoes	4. radish with wellberry	4. stewed pumpkin	eggplant with bean sauce	4. Red Com Shoots	4. Suchs Tea Soy Sprouts	4. stewed pumpkin	stewed 4. pumpkinwith seasum	4. Stadas Tex Soy Sprouts		
	5. with shredded meat soup	Теприга зовр	5. shredded meat soap	5. Cabbage Pork Soup	5. bumboo spre sosp	outs 5. dressed bard with sheedde meat soup		shredded pork 5. scup with pickles	5. fish ball soap	5. scawced soup	5. White radish ball scup	5. shredded perk soup with pickles	5. теприта ковр	shredded meat soup	5. bamboo sprouts soup	dressed burdock 5. with sheedded 5 meat soup	Jicama Pork Soup	5. shredded pork soep with pickles	5. fish ball soup	5. seaweed soap	5. White radish ball scep	dressed bardock 5. with sheedded meat soap	Теприга коар	5. shredded meat scap	5. Cabbage Pork Soup	5. humboo sprouts soup	dressed burdock 5. with shredded meat soup	5. Jicama Poek Soup	shredded pork 5. soap with pickles	5. fishball soup	5. seawood soup		
	6. fruit	6. fruit	6. fruit	6. fruit	6. fruit	6. fruit	6. fruit	6. fruit	6. fruit	6. fruit	6. fruit	6. fruit	6. fruit	5. fruit	6. fruit	6. fruit 6	i. fruit	6. fruit	6. fruit 6	5. fruit	6. fruit	5. fruit	6. fruit	6. fruit	6. fruit	6. fruit	6. fruit 6	i. fruit e	6. fruit	6. fruit	6. fruit		
Dinner	1. pan-fried fish	Ginger Miso  1. Brained Chicke Chop	n 1. pun-fried pork chop	1. pan-fried fish	1. pun-fried fis	Chicken with h 1. Scallion in F		Ginger Miso 1. Braised Chick Chop	m 1. stramed poek rib in onion	1. pun-fried fish	1. pan-fry fish	1. pun-fry pork chop	1. pun-fried fish	steamed chicken  L. cutlet with pineapple	1. pan-fried fish	Chicken with 1. Scallion in Hot 1 Oil	. pan-fried fish	Ginger Miso 1. Braised Chicken Chop	1. steamed pork rib in onion	1. pun-fried fish	1. pan-fry fish	L pun-fried fish	Ginger Miso  1. Braised Chicken Chop	pun-fried pork chop	1. pan-fried fish	1. pan-fried fish	Chicken with  1. Scallion in Hot Oil	pan-fried fish	Ginger Miso 1. Braised Chicken Chop	steamed poek rib     in onion	1. pan-fried fish		
	2. Soy sauce egg tofu	2. breast with vegetables	stir-fry sliced 2. chicken breast with pineapple	stewed chicker  2. breast with bird eggs		with 2. Potato and R Kernel Chick				2. stir-fry cutlefish with onion	2 diced meat with cucumber	stir-fry chicken  2. becast with cabbages	diced chicken  2. breast with pineapple	2. stir-fry shrimp with corn	2 diced meat with soy bean	Potato and Red Kernel Chicken	stir-fry sliced meat with tomato	2 stir-fry minced pork with onion	stir-fry tempura 2. with chinese chives	stir-fry cuttlefish with onion	2 diced ment with cucumber	2. Soy sauce egg tofs	stir-fry chicken 2. breast with vegetables	stir-fry sliced 2. chicken breast with pineapple	stewed chicken 2. breast with bird eggs	2. diced meat with soy bean	2. Potato and Red Kernel Chicken	2. stir-fry sliced must with tornato	2 stir-fry minced pork with onion	stir-fry tempura 2. with chinese chives	stir-fry 2. cuttlefish with onion		
	3. seasomable vegetables	3. seasceable	3. seasonable	3. seasonable	3. seasceable	3. seasonable	3. seasonable	3. seasomble	3. seasonable	3. seasonable	3. seasonable	3. seasonable	3. seasonable	3. seasonable	3. seasomble	3. seasonable	xeasonable xeasonables	3. seasonable sometables	3. seasceable	seasomble venetables	3. seasonable	seasonable sometables	3. seasonable	3. seasonable	3. seasonable	3. seasonable	3. seasonable	3. seasonable 3	3. seasonable	3. seasonable	3. seasonable		
	cloud-ear fangus     with pincapple	stir-fry needle 4. mashroom with scaweed	4. Fried sea mishroom	eggplant with bean sauce	4. stir-fry radio	bitter guard sh 4. with fermen soybeans	ned 4. stir-fry pumpki	n 4. Fried sea mashroom	4. Red Corn Shoots	Stir-fried cloud ears with ginger	4. stir-fry eggplant	4. bitter guards with welfberry	stir-fry scawced with seasure	4. Soy Sprouts with yellow peppers	4. stir-fry radish	biter guards 4. with fermented a soybeans	stir-fry pumpkin	4. Fried sea modroom	4. Red Com Shoots 4	Stir-fried cloud cars with ginger	4. stir-fry egyplant	cloud-ear fungus with pincapple	stir-fry needle 4. mashroom with seaweed	4. Fried sea madroom	eggplant with bean sauce	4. stir-fry radish	bitter guards 4. with fermented soybeans	4. stir-fry pumpkin 4	4. Fried sea mashroom	4. Red Corn Shoots	Stir-fried 4. cloud curs with ginger		
	5. wweet soup	5. wweet soup	5. nutritional forms	a 5. sweet soup	5. wweet soup	5. sweet soap	5. sweet soup	5. sweet soup	5. wweet soup 融油	5. natritional formula	5. sweet soup	5. wweet soup	5. wweet sosp	5. xweet soap	5. sweet soup	5. wweet soup	i. xweet soap	5. sweet soup	5. wweet soup 耐港 5	5. natritional formula	5. xweet soup	5. sweet soup	5. sweet soap	5. natritional formula	5. sweet soap	5. sweet soup	5. xweet soup 5	5. sweet xxup 5	5. sweet soup	5. wweet sosp 甜油	5. mutritional		
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